

FIRE WATER

Australia's Industrial Fluoridation Disgrace

Exposing the systematic industrial waste poisoning of Australian drinking water supplies

Brian Allen (with Frank Parsons) – Interview Transcript

**Interview conducted by
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[00:00:33]

Brian: Brian Allen. And originally I was in Bacchus Marsh when they put fluoride in the industry and I'm here to simply warn the community and help other people understand what is going on around them. Initially when they put fluoride in the water, I was sold a bill of goods that was not true – false and as a consequence the longer I lived the more I suffered. I developed all sorts of heinous diseases – bone density problems, thyroid problems, liver, kidney damage, diabetes, without proper diagnosis and without proper treatment. I found that it was a waste of time going to the medical profession for help.

[00:01:30]

Jaya: Why do you think that is?

[00:01:35]

Brian: They have an aging population problem and I do believe that that is their answer to an aging population problem. It's no way to treat people. The community is suffering as a whole. I only have to walk around the Corio Village and have a good look. There's people that are obese, they're battling. It's like the wounded army and I'd say there's a big percentage of people that are affected without being diagnosed properly, without being treated properly and have no idea exactly what's expected of them. They'll die in pain, they'll die in agony.

[00:02:16]

Jaya: What do you think they are affected by?

Brian: They're affected by fluoride pollution.

Jaya: That's in both water and air?

Brian: Both water and the air. The state of the food chain and then when they get a little ill. There's even more in your medical prescriptions.

[00:02:35]

Jaya: So you think people should actually do some research as to the compounds that are in their prescriptions or do you think they should continue to trust the medical profession that they're going to give them the correct medication?

[00:02:48]

Brian: The medical profession has completely betrayed us. I was on a list of medication 'this' long and I was not getting better, I was getting worse. As time's gone by, I've studied and I've learned to understand that my thyroid was affected and that my immune system had been compromised. I had to learn to eat healthy and I've weaned myself off of all medication. I stay away from preservatives and fluoride in the water and I've gone from absolutely chronically ill back to the state I am today. Mind you I still haven't 100% recovered and I do have my ups and downs.

[00:03:37]

Jaya: Do you find that if you drink fluoridated water it increases your symptoms?

Brian: Oh, immediately. I get crook in the belly. My eyes bulge. Ah, I get blotches on my skin.

[00:03:53]

Jaya: Cause fluoride is an irritant and it upsets the enzyme process in the body, which has been documented quite widely. Would you feel that that fluoride has been an irritant in your case?

[00:04:07]

Brian: A lot more than an irritant (laugh) I think "an irritant" is an understatement. It affects everything. For a starter your bowels never feel right. It upsets your liver, your kidneys and ultimately you develop diabetes. In my case, I actually have cancer on my [inaudible]. I do believe that I have my immune system up working good enough now to help fight that.

[00:04:37]

Jaya: You'd have to do a lot of research to understand that.

Brian: The only reason I know that I've got. It is that because of the research that I've done with a little help from my GP but he has never diagnosed me and never treated me for ah most of my medical conditions.

[00:04:54]

Jaya: Is there anything else you'd like to add to ah what you would warn the community about?

Brian: Beware of these governments. They've let you down. They've sold you out and the whole community is suffering.

[00:05:08]

Jaya: Good. As simple as that.

[00:05:15]

Brian: As simple as that. When they're full of treachery and they're full of deceit you must feel like... they're letting the community down. They're betraying us. These people have trusted their doctors. They've fronted up to their doctors, "I'm ill, help me," and they're given a script with even more of this stuff in it and makes them more ill and more ill and the pain. You've got no idea of the pain.

[00:05:45]

Jaya: And this is fluoride you're talking about.

Brian: Yes. Well.

Jaya: Compounds.

[00:05:50]

Brian: Well in my case initially I had diabetes, undiagnosed, untreated. That means that my liver was about to burst. The pain in the back. I got kicked out of the Geelong hospital in massive pain to come home and die on the floor with a heart attack and even then they failed to diagnose that I had diabetes. Diabetes is directly associated with fluoride and your thyroid. When your thyroid is affected, everything is affected. That's the problem.

[00:06:26]

Jaya: And there's a plant here in Geelong isn't there that produces fluoride?

[00:06:31]

Brian: You have, well you have SHELL that's for a starter – ALCOA, PIVOT and I understand that they're fairly ruthless. Ah it's only that the community [inaudible] Put a caravan out on the highway and measured that pollution in the air that we've even got an idea just how bad it is. Diagnosis and lack of treatment from the medical profession.

[00:07:02]

Jaya: When you say industry – do you mean fluorides and other such compounds that are in the air?

[00:07:08]

Brian: Yes we have ah 160,000 kilograms of fluoride in the air shed for a starter – must affect the thyroid of everyone in Geelong unless you're absolutely and totally aware you're gonna get caught, and when the medical profession doesn't diagnose you and doesn't treat you and is full of treachery and deceit it's... ah even then I was trying to lift the fog out of my eyes to really see what's going on. I was hesitant about easing off on the medication. I'll have another heart attack. My heart was going. I had a massive heart pain, but until I learned to eat healthy. Frank helped me. I had no idea, so Frank put me on a diet of high vegetables and fruit and so forth and then further study revealed that I probably had a thyroid problem so I treated my thyroid with iodine and then later on I discovered that Lugol's solution was even better.

[00:08:27]

Jaya: Lucos?

Brian: Lugol's solution L U G O L ' S. Lugol's solution is potassium-based iodine and not only treats your thyroid it also treats your organs, so I was able to wean myself down off all these medications and at the end of the day, I'm sitting here today. No medication. I just take Lugol's solution and I eat healthy and I'm on my way back and a lot of that thanks goes to Frank.

[00:09:04]

Jaya: That's wonderful. That's very good. In 1962 you were living in Bacchus Marsh where the area was fluoridated. Is that correct?

[00:09:13]

Brian: Yes – that's correct, yes.

Jaya: During high school, you developed dental fluorosis. Can you describe what happened to your teeth at this time. How old were you at that point? In 1962?

[00:09:25]

Brian: Maybe 15, 14 roughly give or take.

Jaya: Okay, so you developed dental fluorosis. Can you describe what happened to your teeth at this time?

[00:09:35]

Brian: Ah, they became motley and as time went by they broke off and eventually it got to such a state that they were so decayed... and the pain that I was getting in my mouth. I was chewing up aspro. At the time I thought this'll kill the pain or only make the condition worse. When I went to doctors never diagnosed, never told the truth about what is causing this. I started to suffer from depression. Ah I was not told I was asthmatic. I was told I had other conditions and as time went by these conditions gradually became worse. I developed back pain at an early age. I was told the soft tissue damage, arthritis all the junk under the sun, but never the truth. I probably today had some spurs in my back and I was in immense pain from the spurs in my back, but by eating healthy that pain has eased.

[00:10:49]

Jaya: And do you still drink fluoridated water?

Brian: Under no circumstances. It's by staying away from fluoridated water and other chemicals and other chemicals, and preservatives, by simply eating healthy and treating my thyroid with iodine that I'm here today.

[00:11:09]

Jaya: 10 years later you broke your arm. What did the doctors tell you after that happened?

Brian: They told me nothing. I was in massive pain.

Jaya: How did you break your arm?

[00:11:21]

Brian: I was up a couple of steps – they were all eager to say I was up a ladder. I was up about 2 steps. The damage never should have been done unless my bones were chalky. Took me a little bit of diggin' and pushing GP's to take some scans to discover I had osteoporosis.

[00:11:41]

Jaya: So what did the doctors actually tell you, though?

Brian: Certainly wasn't the truth.

Jaya: So how long did it take for you to find out you had chalky bones?

[00:11:53]

Brian: Well when that broke, it was the first time that I had osteoporosis. I was never even told at that stage that that's what the problem was. It took me a lot of digging and another two years I worked it out that I had osteoporosis

and I encouraged my GP to send me up to the hospital for a scan where the truth was revealed that I had osteoporosis.

[00:12:21]

Jaya: What do you actually think caused that osteoporosis? How old were you at that point?

Brian: I was in my fifties, early fifties. I have no doubt that it's the effects of fluoride.

[00:12:35]

Jaya: Did you have ah, good calcium? 'Cause osteoporosis they say is a lack of calcium in the bones. Do you think the calcium was leached out or were you taking enough calcium?

[00:12:49]

Brian: The calcium was definitely leached out. I had a reasonably good diet but nowhere near good enough. With the diet that Frank put me on I was conned to believe milk was good for you, high in calcium. It wasn't at all. That only made the condition worse and under normal circumstances away from fluoride, I probably would have been ok at this stage. That condition has rapidly developed and made worse by fluoride.

[00:13:25]

Jaya: So did any health professional tell you that dental fluorosis is caused by toxic levels of fluoride in the body not just the surface effect on teeth?

[00:13:35]

Brian: No that is well hidden. In Geelong there's not even a toxicologist. I urged and pushed my GP until he sent me up to this hospital to get some tests done to see what my allergies were. 'Course they took my money took my money and they failed to diagnose me. They failed to treat me. Instead I was told stories like ah you may have to go to Melbourne because we haven't got it and then my GP said – well here's a list of names. Let's go for Melbourne. Ring these up. And I consequently couldn't get an appointment to get a diagnosis from those toxicologists in Melbourne, so that's never been treated. I've treated it myself, with what I know.

[00:14:24]

Jaya: How do you feel now that you weren't told about the damage fluoride has caused to the rest of your body?

Brian: Absolutely betrayed. I feel cheated, conned and I've lost my wife, all my friends are dead. I know of the high death rate and there's something not right.

[00:14:50]

Jaya: How are your teeth, though? Ah are your teeth nice and strong?

Brian: They're artificial. I have no teeth. I lost my teeth at a very early age.

Jaya: But isn't fluoride supposed to save your teeth?

[00:15:02]

Brian: I fell for those lies and that deceit too. It's not true. It took the coating off my teeth. My teeth decayed, they gradually became brittle and broke off. That is a fabricated lie.

[00:15:17]

Jaya: So you now have diabetes. Do you drink more water these days?

Brian: Drink a lot of water.

Jaya: Do you drink fluoridated water?

Brian: Under no circumstances. I buy good water.

Jaya: When you say "good water" you mean? Unfluoridated? Perhaps spring water?

[00:15:33]

Brian: Spring water – like water from Daylesford. I'm forever looking for a good source of water. I don't necessarily even trust the water that I buy and all that. If sometimes the government may infiltrate the bottled water that we buy.

[00:15:51]

Jaya: So do you drink more water because you know it's healthier or drink more water cause you're thirstier, or do you drink more water because you have diabetes?

[00:16:01]

Brian: I drink more water because I have diabetes. I am thirsty and if I drank more good water that will gradually help clean my system.

[00:16:14]

Jaya: Great, and has the government or your water supplier offered to pay for your expenses to avoid drinking your tap water e.g. Have they offered to buy you a water filter?

[00:16:27]

Brian: Under no circumstances. They don't want to know about it. I've been threatened and I've been bullied.

Jaya: But surely if we're gonna be forced to drink water that's fluoridated. There should be an alternative that the government offers?

[00:16:40]

Brian: There has been no alternative and they thought they'd get away with it scott free. They're only bullies.

Jaya: Do you believe that you have the right to have your costs covered to avoid fluoridated water?

[00:16:51]

Brian: Absolutely. I have been a number of months without actually being able to have a decent shower since they put fluoride in here; I've refused because I know the harm it will do to me. And your skin absorbs fluoride so I've been filtering water to put into the watering can and heat it up in front of the heater just so that I can have a shower.

[00:17:19]

Jaya: So you react very strongly to fluoridated water for bathing.

Brian: Absolutely. My whole health in the future I might have depends on the water.

Jaya: So avoiding fluoridated water.

[00:17:35]

Brian: Whether I shower in it or whether I wash my clothes in it or whether I drink it or whether I cook with it, I avoid it like a plague.

Jaya: Do you have a water tank?

Brian: No.

Jaya: Are you able to put a water tank in?

Brian: Governments should provide something. I don't necessarily trust a water tank here because of the heavy pollution from industry. The high levels of fluoride. It lands on your roof. It rains. It washes into your tank. I don't believe that's the answer.

[00:18:10]

Jaya: So, whereabouts. What is the name of the town that you live in?

Brian: I'm in Geelong.

Jaya: Which is in Victoria? In Australia.

Brian: In Australia. Actually Corio, which is the north side of Geelong.

Jaya: So there's several industries that put a lot of fluorides into the air and of course that would settle on roofs.

[00:18:33]

Brian: Yeah – in particular because of the air shed Corio, Norlane, Lara would be particularly high. Do believe these people have been shipped in here one by one by one then everything has been taken off them.

[00:18:50]

Jaya: Frank, if you could just state for the camera, state what your name is and your credentials?

Frank: Yes I'm Frank Parsons. I've Qualified Diploma of Science from Deakin University, and Certificate of Applied Chemistry from the old Gordon Institute.

[00:19:08]

Jaya: Great. And what is your relationship to Brian?

[00:19:14]

Frank: I'm a practising analyst in human tissue studies and I took the sample of Brian's hair and analysed it for 47 elements. This was to see if fluoride featured, as well as whether or not there was organ damage that might have resulted from exposures to fluoride. In this case I found kidney damage and

liver damage and the fluoride-containing drugs are known to cause liver damage, and literature states that fluoride, accumulated fluoride, can cause cumulative damage, particularly in the renal tubal of the kidneys, so ah they were the things I looked at in terms of Brian.

[00:20:17]

Jaya: What was your findings in the test results? Perhaps you could show the camera your test results there?

[00:20:22]

Frank: Yes. Here's a sheet that I've highlighted so that we can see some features. But fluoride, was in the toxic range, as is 30%, in terms of the normal population. But also, I... it feature... this scan showed, that Brian has liver damage, and particularly kidney... renal damage and this is in the tubals which means that his reabsorbtion of alkaline elements is very poor. So he, as a consequence of that, is developing osteoporosis.

[00:21:08]

Jaya: And you, in your scientific opinion, feel that that is caused by fluoride, or at least aggravated severely by...?

[00:21:17]

Frank: Fluoride is documented as causing renal damage, and Brian was one of the first people in Victoria to be exposed to fluoridation in the water. It's *hard* to isolate 'exact' causes of organ damage, but his shows also associated gastrointestinal impairments. So, it's reasonable to think that fluoride played a role in it.

[00:21:55]

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[00:22:42]

Jaya: Have you seen improvement in Brian's condition, with removing fluorides out of his diet?

Frank: Um, I set him on a special diet, and this morning I hardly recognise him. And they are improvements to the good.

[00:22:57]

Jaya: Here is a photograph of Brian Allen when he first went to see Frank Parsons. The skin lesions on his forehead and under his nose are not from having scraped himself, as if in an accident, but from the skin being severely irritated from within. His puffy eyes are from kidney and liver problems, and at this juncture, Brian had the symptoms of coughing, back pain, depression, stomach pain; and the conditions of chronic asthma, diabetes, and he'd suffered a heart attack.

[00:23:29]

Jaya: Frank, I believe you've got a picture of what Brian used to look like at one point in his treatment. Perhaps you could just flash that to the camera.

[00:23:38]

Frank: Yes. And if you notice, it has lesions, or breaks in his skin up on his forehead. That's typical of fluoride eliminating via the skin.

[00:23:50]

Jaya: So, Frank hasn't actually fallen over and hurt his head or anything; that's actually from fluoride trying to escape the body?

Frank: You just wake up one morning and it starts as a small rash and it gets bigger and it can break.

[00:24:03]

Jaya: And what about the one under his nose. Is that the same as well?

Frank: That's the same thing.

Jaya: Same sort of thing. And your toxicology report, does that correlate with what you're showing as Brian's symptoms?

[00:24:14]

Frank: It does, because the fluoride is in the 'red zone' there. So, it'd be the first thing I'd... Because it's very aggressive like that. It was the first thing that I considered.

[00:24:28]

Jaya: Anything else that you might like to say that will back up Brian's condition, from your scientific perspective of knowing the effect of fluorides on the soft tissues?

[00:24:41]

Frank: His mineral scan was... significantly different to that that I normally encounter, where there's no fluoride. And whilst he'd been living fluoride-free, in terms of the water supply, there's so many other places where you can get fluoride in your diet, in your atmosphere and all that sort of thing... he's obviously not excreted the original fluorides to any great degree and he's just accumulated them. And, in my view, his case looks quite different to most.

[00:25:30]

Jaya: Do you think it's common for people not to be able to excrete fluoride?

Frank: Very common, because it appears that strontium is required in the excretion of fluorides, and Brian was very low on strontium. And, so, it's most likely that that contributed by virtue of the fact that for years, whilst drinking the fluoridated water, he depleted his strontium levels.

[00:26:07]

Jaya: Perhaps for the lay people that are watching this, could you just explain a little further what strontium is?

Frank: Strontium is a component of bone, and it's reabsorbed in the kidneys from our dietary substance to maintain its level. And of course, if you damage the kidneys, with fluoride, insufficient is reabsorbed to react with the fluoride and keep its effect on the body low.

[00:26:45]

Jaya: Have you got any advice for viewers, in terms of water fluoridation?

[00:26:51]

Frank: Well, I don't drink fluoridated water. I have special reverse osmosis treatment of *my* water, and each of the people that consult me for help, I advise the same. And, I ensure my family is drinking at least reverse osmosis water that's relatively free of fluoride.

[00:27:20]

Jaya: So what about these people that can't actually afford to get reverse osmosis. There's a lot of pensioners and aged people who can't afford reverse osmosis units, or there's people who can't afford water tanks. What advice would you give to these people?

[00:27:34]

Frank: Well, I can't give advice, because you've got to drink so much water each day, upwards of three litres. And if you've got no other source of water than from the sink, or wherever it comes into your house, you're forced to drink that water, irrespective of its contamination.

[00:28:00]

Jaya: Right. So, with regard to Brian's case, have you got any further information that you could perhaps, from the experience of seeing what Brian went through, have you got any further advice you could give to viewers?

[00:28:16]

Frank: (laughs) Don't... I would be very cautious of drinking water that's had fluoride enhancement... fluoridation.

[00:28:27]