

# **FIRE WATER**

## **Australia's Industrial Fluoridation Disgrace**

**Exposing the systematic industrial waste poisoning of Australian drinking water supplies**

### **Ann Bressington – Interview Transcript**

**Interview conducted by  
Jaya Chela Drolma**

**Transcribed by  
Rosemarie Zalec & Peter Trinick**

**November 2010**

**[00:00:33]**

**Ann:** (SA Parliament House)

I'm Ann Bressington. I'm a member of the Legislative Council of South Australia; an Independent in the Parliament; and have been looking into fluoride now for probably 6 months. And I'm disgusted at what I've found. Fluoride and fluoridation of our water supply, I believe, is one of the greatest health frauds of our time and it's putting many, many people at risk – at risk of ill health, and pain and suffering in their life. There's about 3,200 health professionals and 14 Nobel Laureates that are opposed to fluoridation of water. There's a *bundle* of science that shows that fluoride is toxic to the human body; and our state governments, and perhaps even our Federal Government, are ignoring this science. **[00:01:25]** Not only are they ignoring this science, but they are refusing to do scientific studies of their own to prove that fluoride is safe for ingestion. This product is a toxic waste of the aluminium and phosphate industries. It has *never* been approved for human consumption, and there has never been any scientific analysis to show that ingesting fluoride at one part per million is safe for human beings. Yet, our health departments in every state are rolling out fluoridation in areas that have never been fluoridated before, and are *forcing* this on people, against their will, and people are getting sick from ingesting fluoride. It's time for people out there, who are opposed to this, to come together. It's time for us *all* to say, "enough is enough!" And it's time for our governments to be forced to either stop the fluoridation now and do the science, or prove, *prove* that all of the science out there relating to the toxic effects of fluoride are false. You can't have it both ways. **[00:02:36]** Some of the other concerns that we have about ingestion of fluoride. First of all, the effects that it's going to have on our children. There are 23 studies now that show that fluoride lowers the IQ of our children, causes brain damage in our children in utero, and also can be the cause of stillbirths and miscarriages. We need the science done on this. Dr. Blaylock, from the United States, did autopsies on about 12 aborted babies and found that their nerve fibres didn't even resemble human nerve fibres, and those nerve fibres would never have been compatible with the neurons of the brain. All due to fluoride. There are many, many questions that need to be asked. **[00:03:24]** We also know that we only excrete between 20 and 50% of

the fluoride that we ingest. It is bioaccumulative; that means that the remainder of the fluoride in our system... collects in our bones, in our muscles and in our soft tissue, and we now know there is information out there to show that our Aboriginal people are highly sensitive to fluoride because of their small kidneys. Are we going to stop with this genocide of our Aboriginal people, and making the rest of the community ill? Are we going to take a stand and say, "stop now!"? Or are we going to wait until this is too late; until it's gone too far – and it will take us decades, *decades* to recover from the damage that's been done.

[00:04:12]

**Ann:** (Meeting – Ballina, NSW)

A poster for myself that I carry into Parliament House with me every day that says, "my body, no fluoride, my body, my choice." And I actually had that poster blu-tacked to my office door. So anybody who walks past could see it when they walked down; and I had another one that I put up in the back of my car while it's parked in Parliament House, that says exactly the same thing, and it's on the back window of my car. I'm having magnets done up for the side of my car about, you know, "there's poison in our tap water"; and on the other side, "sodium fluoride is in our water and it's killing us." [00:04:56] And we have a right to expect our governments to provide us with clean, safe drinking water – and by adding fluoride, they are not. They are not doing anything to enhance the quality of our water. They *are* mass-medicating against our will. It is against the Nuremburg Treaty to be [doing] this, and it breaks all medical ethics. So we have, actually, the grounds for public dissent and public disobedience. [00:05:22] So, let's be realistic about what to expect from our Members of Parliament – and the only way to change a party's decision on a policy, is with numbers. That's it. Don't talk about health. Don't talk about well-being. Don't talk about "our children". Don't talk about any of that stuff, because it doesn't matter! We're talking numbers. Cold, hard, calculating, 'get re-elected' stuff. Alright? So, the responsibility of this actually lays entirely with us.

[00:05:57]

(Interlude - Meeting the people, Gold Coast, QLD)

[00:06:11]

**Ann:** So to me, no matter how much we're are out there saying it's a toxic waste, *people don't get it*. It doesn't sink in, because it is beyond their belief that a government would do this. Why... I have people say to me, "well why would a government put poison in our water?" And I go, "well, I don't really know, I think it's got something to do with money!" You know. They don't get it. So, in our poll, I believe that should be the first question asked, so, "do you believe that it's a pharmaceutical grade product, or at least it's been approved for human consumption?" And they're all gonna go, "oh, yes." Otherwise, if you truly believe it's a toxic substance, why would you think it's ok for your water supply? So, all of those people out there who go, "fluoride is good!", don't know. They don't get it, what it is. And you know what that shows – if your poll shows that 87% or 70% of people believe that it's a pharmaceutical-grade product, or at least it's been approved for human consumption, they've been misled. That's what it shows. [00:07:24] That the government has *not*

consulted honestly. The government has *not* educated honestly. The government has *deceived* the people of the State; and if you've got one Member of Parliament that's prepared to go in and hammer this issue, if he gets pre-selection and gets in at the next election and, you know, what if, what if. But if he does – if you've got one member that's gonna go in there and ask these questions, to bring it out and has media support, then they're (the government) gonna get very nervous – because they've stated on all, from state to state, they bragged and boasted about their 'level of consultation.'

[00:08:06] That it's been, you know, far reaching and thorough, and, you know, I could rave on about the document they sent to the people at Mt. Gambier, and I thought we were going to have people jumping off buildings out of frustration down there when they sent out that document. You know, poor consultation, community consultation. They couldn't even come to a public meeting, or even meet with medical professionals from that town that were objecting, in a one-on-one. Dr. Cunliffe down there couldn't even meet with them one-on-one.

[00:08:37]

**Councillor Grant Pforr:** I didn't want to miss the opportunity to go along and support. I have been an avid supporter and a fighter against fluoride, so much so, I don't need to tell you that I took the general business side of it to Council before the State government took control of our water. So, I'm very pleased... I've given Ann my card. And, I want to continue on to correspond. She... what she has said here this afternoon is very true. Politicians get reams and reams of paper and they do need a smoking gun. A lot of the constituents out there, the 'screens' go up because they... it's just all too hard and complicated for them. [00:09:18] Um, if we can keep the points very succinct and to the point and targeted, and more updated, because [there is] a lot of evidence there that's you know, back in the seventies and eighties. There's more stuff coming to light now that we need to bring to the fore and there is a fair bit of support now starting to get within the Liberal/National Party within Queensland. There has been a Member of Parliament there who has written to Anna Bligh; is intending, trying to bring his own bill forward. Please don't give up on that side of things. [00:09:56] But yes, constant reams of paper don't work. We... Politicians need probably one page, with the facts, and let them research it. Yes, Ann's correct. They give it to their advisers nine times out of ten. But my role when I first got elected was to become Deputy Chair of Gold Coast Water, under Daphne MacDonald, whose an avid fighter against recycled water, you know potable water, and actually drinking recycled water – and during my time as Deputy Chair, I had the opportunity to go to Singapore, research a lot of the recycled water and the potential of human consumption of that; and there's a lot of questions around and that also adds to the fluoride question, and the level of... low-level of toxic exposure that we're all... in today's society. And I had the opportunity when I was in Fort Lauderdale, last time, and just happened to be flicking through the American Discovery Channels, and there was a gentlemen being interviewed, and I only came in on it three quarters of the way through... it. And he'd been in a town that hadn't had DDT sprayed on the crops for about 40 years; and he was just about 35, and he had a young boy who was 5; and he got what they call,

‘body burd[?]’ – and it brings up the level of chemical exposure that you had, through either food, air and... water. [00:11:32] And he had some level... he thought he’d get his son tested – and in getting him tested, he was 100 times the father, in his level of toxic exposure to these low levels of chemicals; and DDT was in those tested chemicals. So, like fluoride, and all those things, they keep saying, “acceptable levels.” But that’s the low level of chemical exposure that really concerns me. It concerns our Council, and it concerns our Councillors, but they don’t have the time to go through the reams of resource material. They rely on things their advisors, as Ann has said... I received one page... last week and it was quite good; and it is actually going into my newsletter this week; so that’s going out to my network, my email network. [00:12:33] A lot of the media get hold of it, and the odd occasion, *The Gold Coast Sun* has picked up and ran some information, and our Council actually... when we lost control of water to the State Government through [‘All Connects’?], [moved] a resolution unanimously, not to support; and we’ve asked for Premier Bligh to review that, but she’s adamant, and Ann’s given you all the reasons. This... it’s just outright poisoning and releasing into our environment, and as you know, the water cycle and the food cycle – it will come back to bite us in a stronger dose. [00:13:08] We [may be] taking it in, and children absorb more than adults do. They retain a lot more, and if you are taking in water that’s got it, then you end up with food that’s got it. Fish and you know it just gets worse and worse. So it is going to be a hard nut to fight. But, it’s good it’s become national. [00:13:41] Right, so I wish you all the best. (Shakes Ann’s hand) It was very nice to meet you and I hope that the groups grow, and um, you really must experience it when you’re talking to people in the general public that the ‘shutters’ just go up. They, you know, think we’re just all crazy. That’s why I try and keep it... short points to ‘em.

[00:14:00]

**Man (O/C).** I’m here with Ann Blessington MLC, the Honourable Ann Bressington MLC, from the Upper House in South Australia, who has kindly visited the Gold Coast to help the anti-fluoride cause here. Ann, do you believe that water drinkers generally believe that fluoride has been pharmaceutically approved for human consumption?

[00:14:24]

**Ann:** Absolutely, I do. And the reason I believe that is, if they knew the other, why would they be in favour of fluoridation? If they know it is rat poison, why would they say it’s ok for their water? And why would they believe it’s good for their teeth?

[00:14:39]

**Man (O/C):** Do you believe that fluoride in water, that people drink, is a good practice?

[00:14:44]

**Ann:** *Absolutely* not. It’s mass medication. It’s been ruled by the European Court of Justice to be mass medication, and therefore unethical, and impractical and it’s an outmoded date... and it’s... medication of the masses against their will.

[00:15:00]

**Man (O/C):** Do you think that children drinking water from a tap, do so in enough volume to benefit their teeth?

[00:15:07]

**Ann:** There is no benefit from sodium fluoride in the water, tap water, or otherwise.

[00:15:14]

**Man (O/C):** Do you think that water drinkers should know who benefits financially from the addition of fluoride to town water supplies?

[00:15:23]

**Ann:** Absolutely. Wasn't it Julia Gillard who said, "let the sun shine in?" That "the best disinfectant is sunshine?" "Open those curtains." I believe that every state government, and the Federal Government, should make absolute full disclosure about the financial arrangements with the purchase of, and distribution of, these fluorides and why they are putting them in our water.

[00:15:46]

**Man (O/C):** What percentage of people objecting to fluoride in a given water supply region, should be sufficient for a government to stop the addition of fluoride of that water supply?

[00:15:56]

**Ann:** The majority. 51%. If 51% say, "no," then it should get out of our water supply; and we have polls that of 87 to 96% of people saying they want it out.

[00:16:10]

**Man (O/C):** Thank you indeed, Ma'am.

**Ann:** Thank you.

(Clapping)

[00:16:17]

**Ann:** (Back to, SA Parliament House) In the United States, there are health warnings put out not to reconstitute baby formula with fluoridated water, because of the damage that can be done to a child under 12 months of age. This is the livelihood and the well-being of our children and our grandchildren, that is at stake here. I ask all of you out there that have concerns to write to your Federal and State Members, demanding that water fluoridation stop now.

[00:16:47]